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Organisational Update



With our Community Inclusion program temporarily closed, we have some great online initiatives that our participants can be involved in.

Timetable:

Day	Time	Program	Facilitator
Monday	9:30 am	Stretching	Omnifit West
Wednesday	9:30 am	Stretching	Omnifit West
Thursday	10:00 am	Art Expression	Crosslinks - Tamela
Friday	10:00 am	Drum Therapy	Kawaka

These programs are running successfully within our group homes via Zoom. We are now able to make these online programs available to Community Inclusion participants to join in from the safety of their own homes. **Access is via invitation only.**

Please email feedback@crosslinksinc.org.au advising which program you would like to receive an invitation to take part in.

Coming soon: Zumba, Bingo and Cooking sessions

We are still here for you

Many of our head office personnel are working remotely, please contact them via mobile telephone numbers. Our head office contact number is manned during office hours 93741600.

Our Support Coordinators (Rebecca & Kate) and Plan Support Officers (Katie & Marina) are still accessible, please contact them if you need assistance.

We will endeavour to keep you updated with further information.

Should you have any questions please contact your Area Supervisor.

Kind Regards

Denise Michelsen - Chief Executive Officer

Important Message

With the 2020 flu season approaching, all Australians, especially those with compromised health or within a vulnerable age bracket, were advised by the Department of Health to arrange vaccination against seasonal influenza during the month of April.

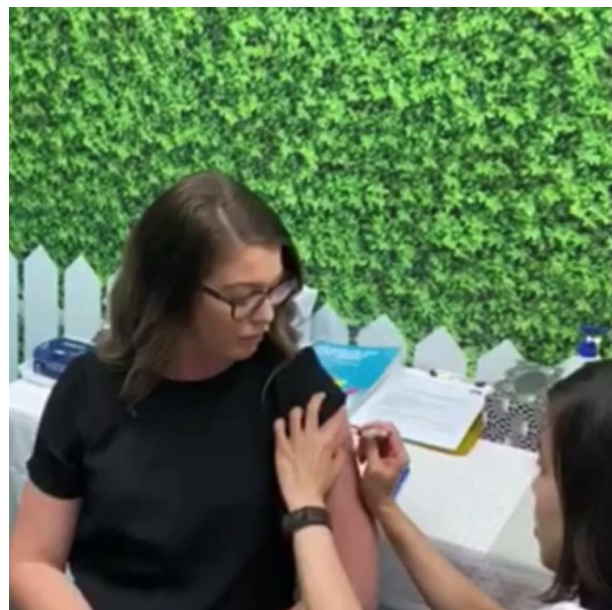
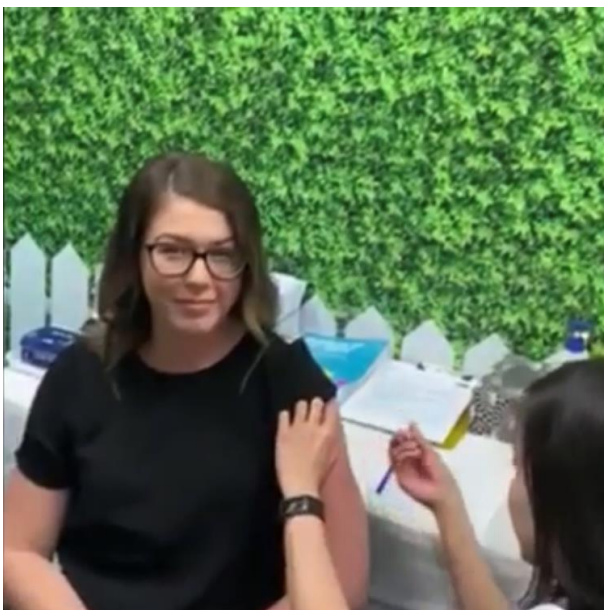
This week, I rolled up my sleeve to demonstrate the importance of annual flu vaccination and to encourage participants, families and employees, to join me and make an appointment to have the 2020 flu shot. I would like to share this message with all of you, access via file path

<https://youtu.be/oSKAKMzVb5M>

If you are yet to do so, please speak to your GP or Pharmacist to arrange a flu vaccination over the coming weeks.

In a conscious effort to keep our participants and community safe, Crosslinks reimburses the cost of flu vaccinations to all of our employees.

Kind regards,
Kate McBride – General Manager Operations.



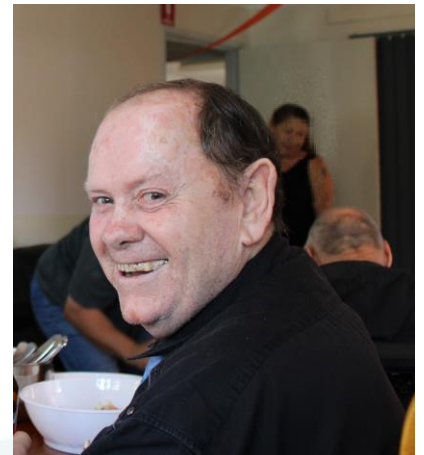


Introducing a Crosslinks Superstar

Name: Peter

Participates in: Supported Independent Living

Receiving Support from Crosslinks: since 2016



Q: What is the best thing about Crosslinks?

A: Meeting people and going out to do things like have a coffee or go to Men's Shed.

Q: If you could choose a superpower what would it be and why?

A: I'd choose the power to make annoying people disappear. It's got to be worth a try. Ha, Ha.

Q: What is the best thing you have ever learned?

A: Woodworking and fishing. Did I tell you the story about the time I went fishing and accidentally caught a duck? Ha, ha

Q: What is your all time favourite song?

A: It is hard to choose, (Peter is a music aficionado) I just heard Sweet Caroline by Neil Diamond on the radio and I like that one.

Q: What is your all time favourite TV show?

A: Bondi Rescue, I love that show.

Q: What would you say to someone who wants to work at Crosslinks?

A: You should do it.

Q: If you could do anything you wanted to, you would...

A: I would go to visit my friends in Margaret River.

Social Media

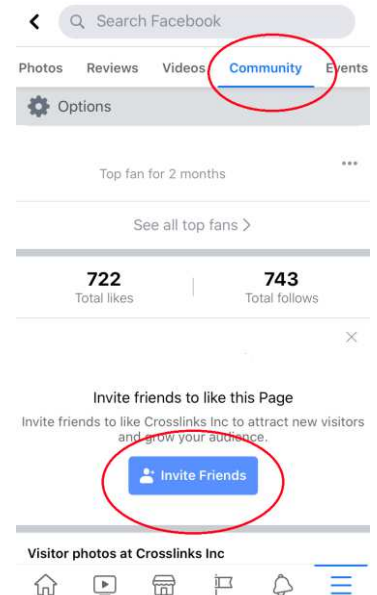


As you may be aware, Crosslinks Inc. has a Facebook page. It is a great way to spread the word about the achievements of the amazing individuals that we support.

We have 722 likes at the moment, so we are well on our way to our goal of 1000 likes. If you are yet to do so, please like our page and take a moment to request that your family and friends like it too.

It is easy to do, in just 4 simple steps from your smartphone.

1. Open the page: <https://www.facebook.com/CrosslinksInc/>
2. Click on "Community"
3. Click on "Invite friends"
4. Select "All of your friends and family" 😊



Quote of the Month



Autism Awareness



Crosslinks celebrated World Autism Awareness Day on Thursday April 2nd.

World Autism Awareness Day aims to put a spotlight on the hurdles that people with autism and others living with autism face every day.

Some of our participants created artwork to promote Autism Awareness.



Rainbow Trail Australia

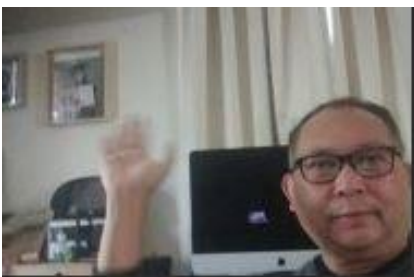
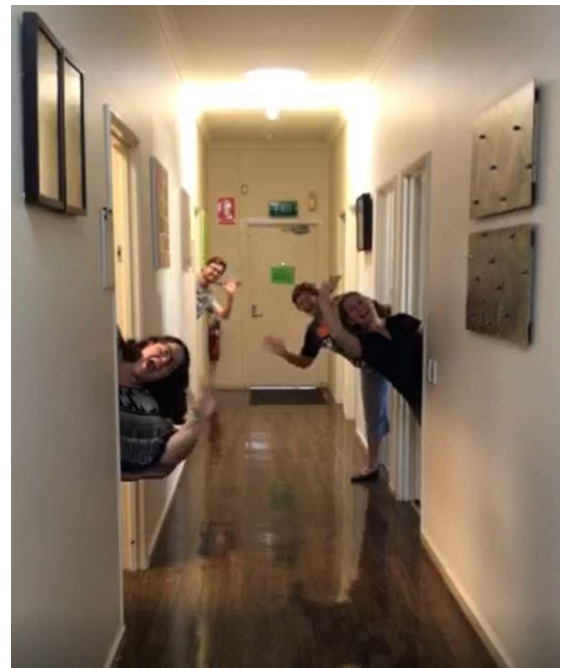
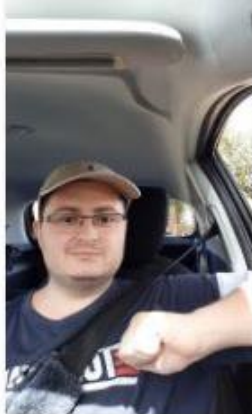
Crosslinks got behind the Rainbow Trail Australia initiative with our participants brightening up our streets with chalk.



We Miss You!

Everyone at Crosslink is missing our participants. We made a little video which can be accessed on YouTube via file path: <https://youtu.be/DqwmQfUTIEk>

Here are some familiar faces and stars of the video that you may recognise.



Community Living News



The gardens at Clarke Way are getting special attention since the guys have had restricted external activities. More time is being spent outdoors and enjoying the ever-improving gardens.

Donald is very proud of a new bloom on the Hibiscus plant and Peter and Donald have been working together removing dead leaves and training new growth on the fence creeper.



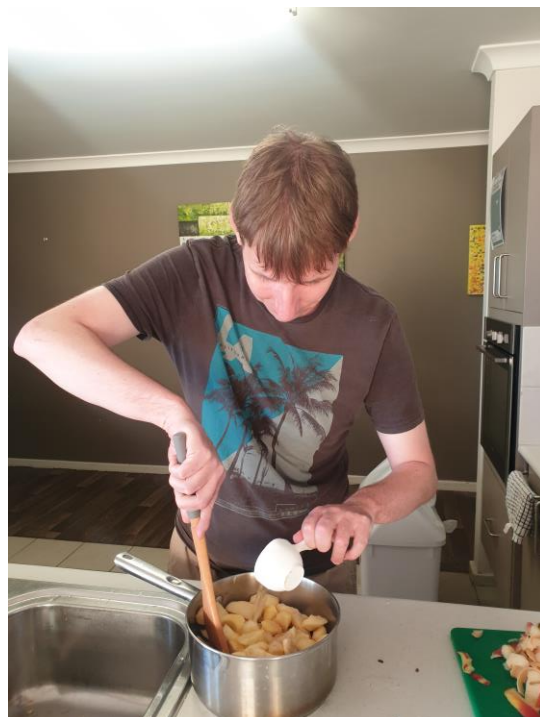
All plant-based food waste is also being recycled in our compost tumbler.

Steve (Support Worker)



Community Living News (cont.)

It looks as though things have been heating up in the kitchens with our participants whipping up dinners and tasty treats to share with their housemates.



Crosslinks 'Family and Friends Advisory Group'



Please Join Us

The Family and Friends Advisory Group meetings are open, friendly, relaxing and not stressful. The group is here to provide a voice for participants & families as well as learning and understanding how Crosslinks works. The Group meets on a bi-monthly basis at Crosslinks and we welcome you to attend.

Next meeting: To Be Advised (due to social distancing restrictions)

Alternatively, please contact us via details below to have an item added to our meeting agenda or just to find out more about the group.

Kerrian Sale (Chairperson)

Phone: 0408412901

Email: kerruss@bigpond.net.au

Cherylynn Hunt (Secretary)

Phone: 0407198938

Email: book500@hotmail.com



Kerrian Sale
FAMILY & FRIENDS ADVISORY
GROUP CHAIRPERSON



Cherylynn Hunt
FAMILY & FRIENDS ADVISORY
GROUP SECRETARY



Susan Wilson
FAMILY & FRIENDS ADVISORY
GROUP COMMITTEE MEMBER



Lorraine Jeffery
FAMILY & FRIENDS ADVISORY
GROUP COMMITTEE MEMBER



Christine Bell
FAMILY & FRIENDS ADVISORY
GROUP COMMITTEE MEMBER