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*General Manager -
Operations
May Update*



kate.mcbride@crosslinksinc.org.au

The state government is progressing cautiously with the easing of some COVID-19 community restrictions. In response to this Crosslinks is slowly, safely and cautiously reopening our Community Inclusion supports. We are working towards welcoming participants back in three waves so it is well organised and everyone has time to settle back in. By now your Area Supervisor would have made contact with you about your chosen return date. The first wave commences on the 2nd of June. When you are ready, we are so excited to see you again!

During the service closure period many of our Community Inclusion Support Workers and Area Supervisors have been working in Community Living. A big thank you goes out to everyone for continuing to deliver quality supports in new environments whilst remaining engaged and positive during challenging circumstances. Special thank you goes out to those that picked up new and different roles such as the dedicated cleaning crew and those who are helping deliver our new online group activities.

Since I last spoke to you all, our Community Living Area Supervisor Lynne Clutterbuck resigned from her position due to family circumstances. As we embrace our new normal we are keeping some service closure supervisor arrangements in place including the shared workload across Inclusion and Living services. These arrangements remain temporary until a recruitment process is finalised. This means you will continue to see some Community Inclusion Area Supervisors leading Community Living teams. We wish Lynne all the best in her future endeavours.

Kind Regards
Kate McBride



Introducing a Crosslinks Superstar

Name: Maureen

Participates in: Supported Independent Living,
Community Inclusion and RAP

Receiving Support from Crosslinks since 2011

Q: What is the best thing about Crosslinks?

A: Going out on RAP with my friends

Q: If you could choose a superpower what would it be and why?

A: Play soccer really well, because I love soccer and wanna be the best

Q: What is the best thing you have ever learned?

A: How to play soccer and cook

Q: What is your all time favourite song?

A: Dancing Queen by ABBA

Q: What is your all time favourite TV show?

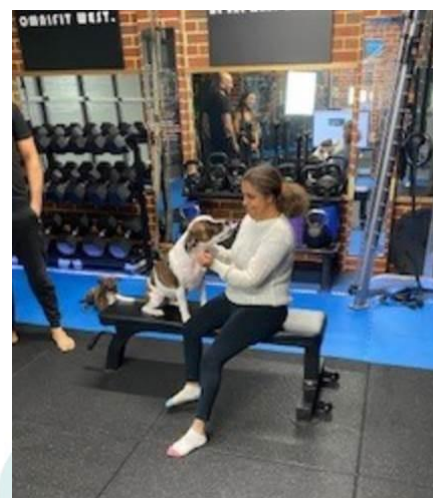
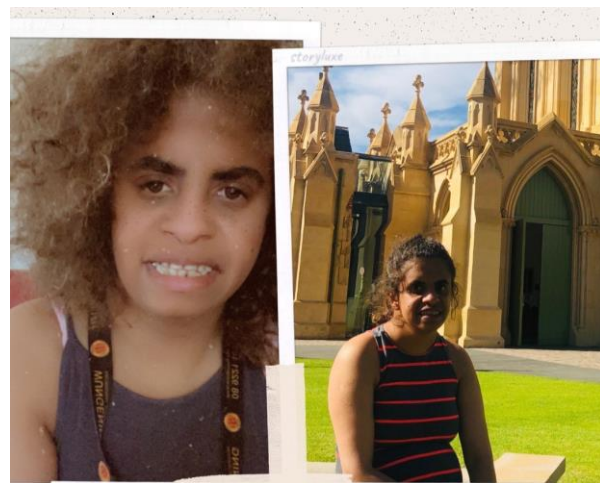
A: The Maury Show and the Wiggles

Q: What would you say to someone who wants to work at Crosslinks?

A: Come and give it a go, its very fun

Q: If you could do anything you wanted to, you would...

A: Have a big party with everyone I like and have lots of cake.



Happy Birthday Crosslinks

Crosslinks established in 1996, celebrates 24 years of service provision. We would like to thank our Crosslinks Community for supporting us.



Social Media

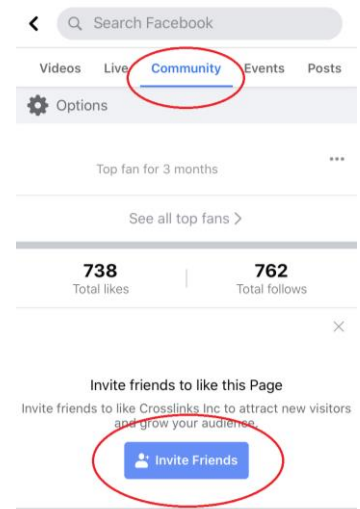


As you may be aware, Crosslinks Inc. has a Facebook page. It is a great way to spread the word about the achievements of the amazing individuals that we support.

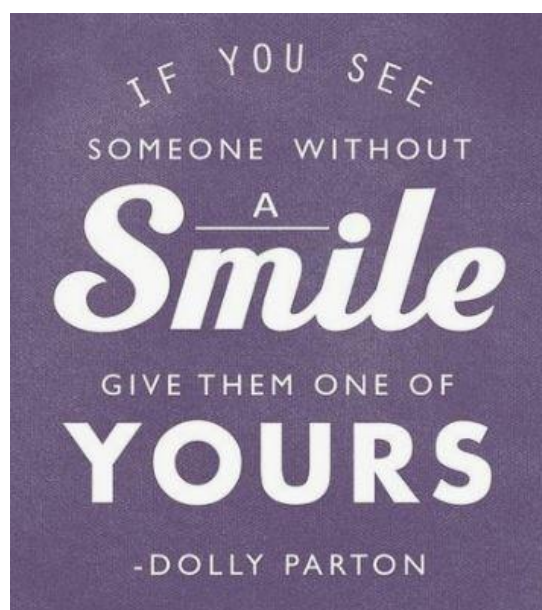
We have 738 likes at the moment, so we are well on our way to our goal of 1000 likes. If you are yet to do so, please like our page and take a moment to request that your family and friends like it too.

It is easy to do, in just 4 simple steps from your smartphone.

1. Open the page: <https://www.facebook.com/CrosslinksInc/>
2. Click on "Community"
3. Click on "Invite friends"
4. Select "All of your friends and family" 😊



Quote of the Month



Cri du Chat Awareness Day

On May 5th, 2020 Crosslinks celebrated Cri du Chat Awareness Day by wearing striped socks, one long and one short. The long and short socks represent the whole and the deleted fifth chromosome.

Crosslinks celebrates Cri du Chat Awareness Day
May 5th 2020



#stripysocks

We love our volunteers

National Volunteer Week was celebrated 18th – 24th May.

NATIONAL 18-24 MAY 2020
VOLUNTEER
CHANGING COMMUNITIES.
CHANGING LIVES. **WEEK**

We recognise that our volunteers play an integral part within our Crosslinks community.

We have many volunteers performing a variety of roles within our organisation such as, Program support assistance, Board Directors, Members of Subcommittees and assisting with the facilitation of our major events.

From the bottom of our hearts we thank our volunteers for their passion and commitment to Crosslinks and the individuals that we support.



Special Mention - Thank you

With National Volunteer Week and National Families Week both celebrated in May, it would be remiss of us not to give a shout out to our Family and Friends Advisory Group.

The Group meets on a bi-monthly basis at Crosslinks and we welcome you to attend. The Family and Friends Advisory Group meetings are open, friendly, relaxing and not stressful. The group is here to provide a voice for participants & families as well as learning and understanding how Crosslinks works.

To find out more about the group contact;

Kerrian Sale (Chairperson)
Cherylynn Hunt (Secretary)

Phone: 0408412901
Phone: 0407198938

Email: kerruss@bigpond.net.au
Email: book500@hotmail.com



Kerrian Sale
FAMILY & FRIENDS ADVISORY
GROUP CHAIRPERSON



Cherylynn Hunt
FAMILY & FRIENDS ADVISORY
GROUP SECRETARY



Susan Wilson
FAMILY & FRIENDS ADVISORY
GROUP COMMITTEE MEMBER



Lorraine Jeffery
FAMILY & FRIENDS ADVISORY
GROUP COMMITTEE MEMBER



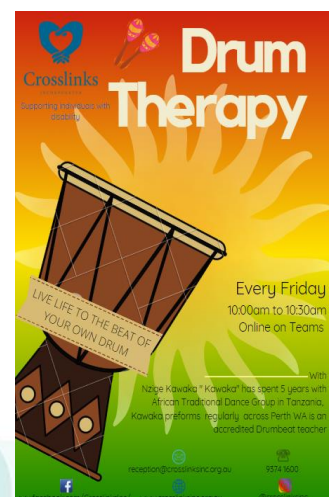
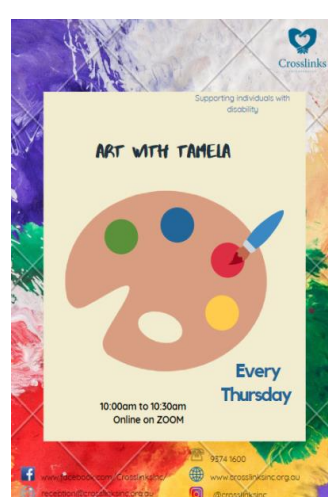
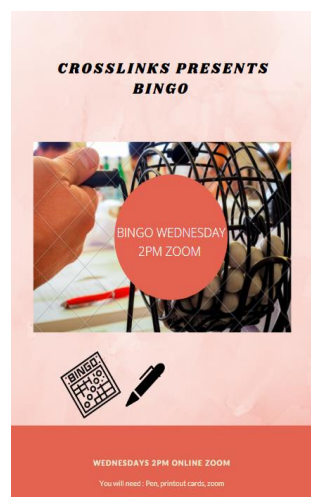
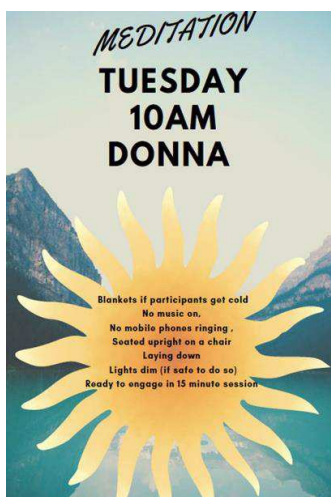
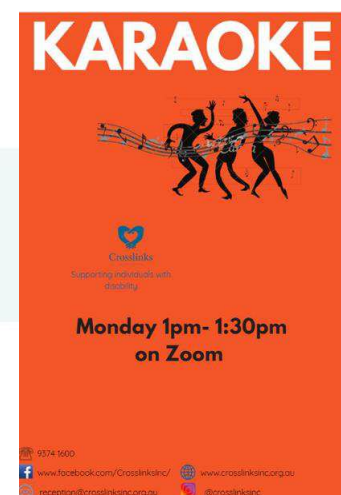
Christine Bell
FAMILY & FRIENDS ADVISORY
GROUP COMMITTEE MEMBER

Crosslinks Activities Coordinator



Eimear prepping for drumming with Kawaka and Richard

Eimear comes to us with 15 plus years working in social care and community roles, including support worker and leadership roles. She has worked with people in the youth, disability, mental health and homelessness sectors and believes working the community sector is a privilege. Eimear is particularly passionate about art and engaging in the many groups and events her community offers. Eimear is really looking forward to the activities being back in the community too.



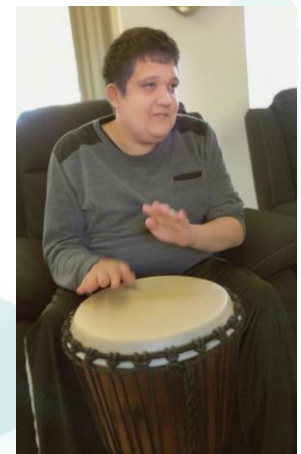
Crosslinks Online Programs

Deidre and Jamie have been actively taking part in Crosslinks online programs from the safety of their own home.



Online program timetable:

Day	Time	Program	Facilitator
Monday	9:30 am	Stretching	Omnifit West
Monday	1:00 pm	Karaoke	Karen & Harry
Tuesday	10:00 am	Meditation	Crosslinks - Donna
Wednesday	9:30 am	Stretching	Omnifit West
Wednesday	2:00 pm	BINGO	Crosslinks - Richard
Thursday	10:00 am	Art Expression	Crosslinks - Tamela
Friday	10:00 am	Drum Therapy	Kawaka



Crosslinks Art Competition Winners



It was a really tough decision for our judges as we had so many amazing submissions.

Thank you to everyone that took part in the competition.

On May 15th Crosslinks announced the winners of the Art Competition.

Congratulations to Beth, Jamie & James our equal 1st Prize winners.

They have won \$50 worth of art supplies each. Well done!

WINNERS OF ART COMP **APRIL 2020**

3 WINNERS SO THE PRIZE IS \$50 FOR EACH OF THE THREE WINNERS



Drew's Coffee Reviews

Over the course of the COVID-19 lockdown, Drew, with the assistance from his trusty sidekick Tom, set out to find the best coffee in town. For the sake of fairness, the order always remained the same:

- A regular cappuccino with 1 sugar for Drew
- A regular soy cappuccino with 1 sugar for Tom

The results so far are as follows.

GOD'S BREW

- Bossman (Mt Lawley)
- Steam Haus (Maylands)

GREAT COFFEE

- Bamb Bino's Coffee & Icecreamery (Bassendean)
- Gloria Jeans (Bassendean)
- Sugar and Nice (Inglewood)
- Sherbet Café & Bake Shop (Maylands)

A DECENT CUP

- Yahava KoffeeWorks (West Swan)
- Toastface Grillah (Northbridge)
- Brighton Road Food Market (Scarborough)
- The Woodfired Baker (Maylands)
- Last Crumb Cake Co. (Bassendean)
- To the Woods (Bassendean)

The search for Perth's best coffee continues...



Community Living News

Exciting times are ahead at Robert's Road as we lick the garden into shape. No one is keener than Andrew to get right in there and get his hands dirty.

He is an inquisitive chap at the best of times with bundles of energy that would put a man half his age to shame.

With all great and famous gardeners, they usually have a USP (unique selling point) Costa from "Gardening Australia" has his unfeasibly large beard, Bill and Ben had their "Flobadob". So it's only fitting our natural green thumb does too and it's "owww ahhh" as he shouts with joy at being at one with nature.

If we do have any success with growing veggies, Andrew will be the one most enjoying eating them, followed closely by Glenn who also absolutely loves fresh veggies with his meals.

Neil Wakeford - The Roberts Reporter



Dad Jokes Competition



Everyone loves a Dad Joke. We are running a competition via our Facebook page to find Crosslinks Best Dad joke.

Over the coming weeks we will be hosting a competition to find Crosslinks' best Dad joke.

We will be posting a joke each week and we need your help to select the winning joke by reacting with a 😄 or leaving a 👍 in the comments if it made you laugh.

The joke with the most 😄 👍 votes wins a prize.

If you want to be in the running to win the competition, send us your best Dad joke via Facebook private message or via email:

feedback@crosslinksinc.org.au

All voters will also go in the draw to win a special voters prize.

We welcome entries from Participants, Families, Employees and the greater Crosslinks Community.

Everyone has the opportunity to vote for their favourite jokes via our Facebook page.

<https://www.facebook.com/CrosslinksInc/>